



United High School

Lunch

NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Popcorn Chicken Mashed Potatoes Green Beans Chicken Gravy	2 Chicken Alfredo Broccoli Texas Toast Red Peppers	3 Pulled Pork Sandwich Potato Salad Carrots Brownies
6 Hot Dog On a Bun Hash Brown Baked Beans Chili Sauce (Option)	7 Fajitas Romaine Salad Cheese Corn Diced Tomatoes	8 Chicken and Noodles Mashed Potatoes Green Beans	9 Tomato <u>or</u> Chicken & Rice Soup Grilled Cheese Crackers Carrot Sticks	10 Fiestada Romaine Salad Green Peppers Cucumbers Cookies and Cream
13 Chicken Sandwich Tater Tots Baked Beans Shredded Romaine Sliced Tomatoes	14 Taco in a Bag Shredded Romaine Cheese Corn Spanish Rice	15 Turkey Mashed Potatoes Baked Sweet Potato Cornbread Pumpkin Bar Green Beans	16 Tenderloin Sandwich Au Gratin Potatoes Peas Shredded Romaine Sliced Tomatoes	17 Pizza Romaine Salad Celery Cucumbers Ice Cream
20 Hamburger French Fries Carrots Shredded Romaine Sliced Tomatoes	21 Ham Sandwich Cheese Sticks Carrot Sticks Apple Slices Apple Juice Shredded Romaine Sliced Tomatoes Sun Chips	22 No School	23 Happy Thanksgiving	24 No School
27 Cheeseburger Tater Tots Baked Beans Shredded Romaine Sliced Tomatoes	28 Tacos Shredded Romaine Carrots Spanish Rice Black Beans	29 Chicken Strips Mashed Potato Country Gravy Peas	30 Lasagna Broccoli Texas Toast Red Peppers	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Milk, Water Fruit Choice available with all meals. Condiments available when part of the menu.